

# CORONAVIRUS

As a whole organisation we are working hard to keep all our residents, customers, facility users and staff as safe as possible whilst the Coronavirus situation develops across the UK.

However, there are simple things we can do to help ourselves and each other as we work together to stay healthy.

- ▶ **Washing our hands**
- ▶ **Eating Well**
- ▶ **Staying Healthy**
- ▶ **Being Positive**

Staying positive and helping those around us stay positive is one of the best ways to boost our immune system!

Washing our hands when we arrive into the building and when we leave is the best way to reduce the spread of the virus.

